



FROM GRIEF TO JOY, PART II

EPISODE 14

GO DEEPER

Eternal Life

## From Grief to Joy Part II

### Introduction

I will be filled with joy because of you. I will sing praises to your name, O Most High – Psalm 9:2



### Grief

“I think we learned that you grieve it’s a real single sport – its very different for everybody” – James (5:48).

“It wasn’t until later reading my journal was really the first time he helped me get through it – somehow – he was there helping me through it” – Lynette (4:37).

“When I did my art concentration...memories would pour in” – Johnson (6:50).

“I wrote a song” – Jack (9:12)

“the more clear it became that the person about whom I felt incapable of writing about, was who I had to write about – my little sister Sydney – Jamesy (10:04).

For the Thweatt family, grief was worked out through “individual sports” – journaling, doing, art, song, and writing. Through their “work outs” God began to restore them.

1) Read Revelation 21:5. What in your life needs to be made new? What’s God saying to you?

2) In what “individual sports” do each of your family members work things out? How can you come alongside and encourage each one in their work outs?



### Joy

...but joy comes with the morning – Psalm 30:5

God wants to you to live in joy – a rest in Him amidst circumstance. So let scriptures speak to you. Listen. And study on them, keep in mind: What’s God saying to you? What are you going to do about it?

The LORD is my strength and shield. I trust him with all my heart. He helps me, and my heart is filled with joy. I burst out in songs of thanksgiving – Psalm 28:7

But as for me, I will sing about your power. Each morning I will sing with joy about your unfailing love. For you have been my refuge, a place of safety when I am in distress – Psalm 59:16

Shout with joy to the LORD, all the earth! Worship the LORD with gladness. Come before him, singing with joy. Acknowledge that the LORD is God! He made us, and we are his. We are his people, the sheep of his

pasture. Enter his gates with thanksgiving; go into his courts with praise. Give thanks to him and praise his name. For the LORD is good. His unfailing love continues forever, and his faithfulness continues to each generation – Psalm 100

3) What's God saying to you?



New life

In his kindness God called you to share in his eternal glory by means of Christ Jesus. So after you have suffered a little while, he will restore, support, and strengthen you, and he will place you on a firm foundation – 1 Peter 5:10

“..it’s like a veil has been lifted – intimacy with Christ and a trust that is deeper than anything I experienced – Lynette (11:47).

“...the character that has been produced in their life is incredible” – James (12:05).

3) Read Romans 5:3-5. How have you seen problems and trials in your life help you?



Eternal life

“I am the Alpha and the Omega—the beginning and the end,” says the Lord God. “I am the one who is, who always was, and who is still to come—the Almighty One – Revelation 1:8

The Thweatts talk confidently about Sydney being in heaven. Do you that confident assurance that if you died today that you would stand in the presence of Jesus?

The Bible says: Jesus told her, “I am the resurrection and the life. Anyone who believes in me will live, even after dying. Everyone who lives in me and believes in me will never ever die. Do you believe this, Martha? – John 11:25-26

The great hymn, I Stand Amazed tells the story of what Jesus did for you and for me:

I stand amazed in the presence  
of Jesus the Nazarene,  
and wonder how he could love me,  
a sinner, condemned, unclean.

For me it was in the garden  
he prayed: "Not my will, but thine."

He had no tears for his own griefs,  
but sweat-drops of blood for mine.

He took my sins and my sorrows,  
he made them his very own;  
he bore the burden to Calvary,  
and suffered and died alone.

When with the ransomed in glory  
his face I at last shall see,  
'twill be my joy through the ages  
to sing of his love for me.

Refrain:  
How marvelous! How wonderful!  
And my song shall ever be:  
How marvelous! How wonderful  
is my Savior's love for me!

Do you want to join with those who sing this song? Do you believe Jesus' words to Martha: Everyone who lives in me and believes in me will never ever die? If you want to know that you will one day be in heaven with Jesus, you can have that assurance right now by asking God to adopt you into His family:

“Father, I believe you love me. You gave your one and only Son so I can live forever with You. Apart from you, I die. With you, I live. I choose life. I choose You. Please adopt me into your family.”

If you made the decision to start a relationship with God through His Son Jesus, Parent Compass would like to come alongside you and help you know some next steps about how you can know God more. Please click on the blue “chat” button in the lower right corner on the website ParentCompass.TV.



Take a moment to reflect on what you've heard God say to you in this session about what your next steps are as a parent and jot them down below as a running dialogue.

If you'd like to talk with God about your family, about moving from grief to joy, you can pray using the following as your guide:

Lord, how great you are in wisdom and knowledge. It's impossible for me to understand your decisions and your ways. But I know that everything – me my family, even troubles and hardships, are intended for your glory and our good. Your word says that weeping may last through the night, but joy comes in the morning. So, Lord, help me to sing with joy to you. Help me to come before you, singing with joy; to enter your gates with thanksgiving and into your courts with praise. You are good. Your unending love continues forever, and your faithfulness to all generations! Amen.



### Dedicate your Family and Parenting to Jesus

Parent Compass wants to give you the opportunity to dedicate (or re-dedicate) your parenting to Jesus Christ during these sessions. If this is something you'd like to do, please go to: Dedicate Your Family and Parenting to Christ in this workbook or [www.parentcompass.tv/dedicate/](http://www.parentcompass.tv/dedicate/)

If you want to know Jesus personally, please go to: Know Christ in this workbook or online at [www.parentcompass.tv/know-christ/](http://www.parentcompass.tv/know-christ/). To internet chat with someone about Christ, please click on the blue "chat" button in the lower right corner on each page of the website (<http://www.parentcompass.tv/>).