

Resource - Overcoming Fear and God's Comfort, Protection and Peace

Mentioned in Go Forth – Life in Israel Today Life & Family Chat

“For God has not given us a spirit of fear, but of power and of love and of a sound mind.”

2 Timothy 1:7 NKJV

The Bible is the book that prepares us to go through war. It is also the book that parents are to use as their primary source to prepare their children for what is to come in their lives.

The Bible tells us we are always at war with the Devil. “The thief comes to steal and kill and destroy.” John 10:10 There is a battle going on for the heart and mind of each person and each child. Jesus said, “In this world you will have trouble. But take heart! I have overcome the world.” John 16:33b Notice the verb “have overcome” is past tense. On the cross Jesus said, “It is finished.” Victory is already complete in Jesus Christ over Satan and death and sin! It is our choice to choose Jesus, as Savior and Lord, or not. With Jesus, victory is already won.

The Salways are doing well in teaching their children about God and Christ, the Bible and prayer. With the Bible and prayer, the children can go directly to God for anything with which they are struggling.

When they were in the ditch with rocket fire overhead and Shmuel's daughter said she was scared. Shmuel did answer her correctly. He said, “Don't be scared. God is taking care of us.” The Bible tells us 365 times not to be afraid. That is one time for each day of the year. With God and in Christ, we do not need to be afraid as God is taking care of us. But it is natural to be afraid. Shmuel goes on to tell of his friend, who had post trauma from war, who is an adult now. She said that you do not have to say to not be afraid. There is a reason to be afraid. There is a war. There are missiles. So, the feeling she has is a real feeling. Shmuel said that one can answer that you can be afraid, but don't be afraid. I am here for you. We are here for you and God is watching over you. This is a great answer as well as it validates her feelings which may give her the ability to have less fear knowing it is normal, but that God is with you. Both answers are good and biblical. We can pray and ask God to give us the right words at the right time. We can also pray about the situation and we can pray for God to take fear away.

Some verses on fear:

“Even though I walk
through the darkest valley,
I will fear no evil,
for you are with me;
your rod and your staff,
they comfort me.” Psalm 23:4 NIV *New International Version*

“So do not fear, for I am with you;
do not be dismayed, for I am your God.
I will strengthen you and help you;
I will uphold you with my righteous right hand.” Isaiah 41:10

“For I am the LORD your God who takes hold of your right hand and says to you, **Do not fear**; I will help you.” Isaiah 41:13

“Do not be afraid of them; the Lord your God himself will fight for you.” Deuteronomy 3:22

“**Do not fear**, for I have redeemed you; I have summoned you by name; you are mine.” Isaiah 43:1

“There is no fear in love. But perfect love drives out fear.” 1 John 4:18

“God is love.” 1 John 4:8b “Love comes from God.” 1 John 4:7a

“You came near when I called you, and you said, “**Do not fear.**”” Lamentations 3:57

Verses on God’s Comfort:

<https://www.biblestudytools.com/topical-verses/bible-verses-to-comfort-you/>

Verses on God’s Protection:

<https://www.biblestudytools.com/topical-verses/bible-verses-about-protection/>

Verses on God’s Peace:

<https://www.biblestudytools.com/topical-verses/peace-bible-verses/>